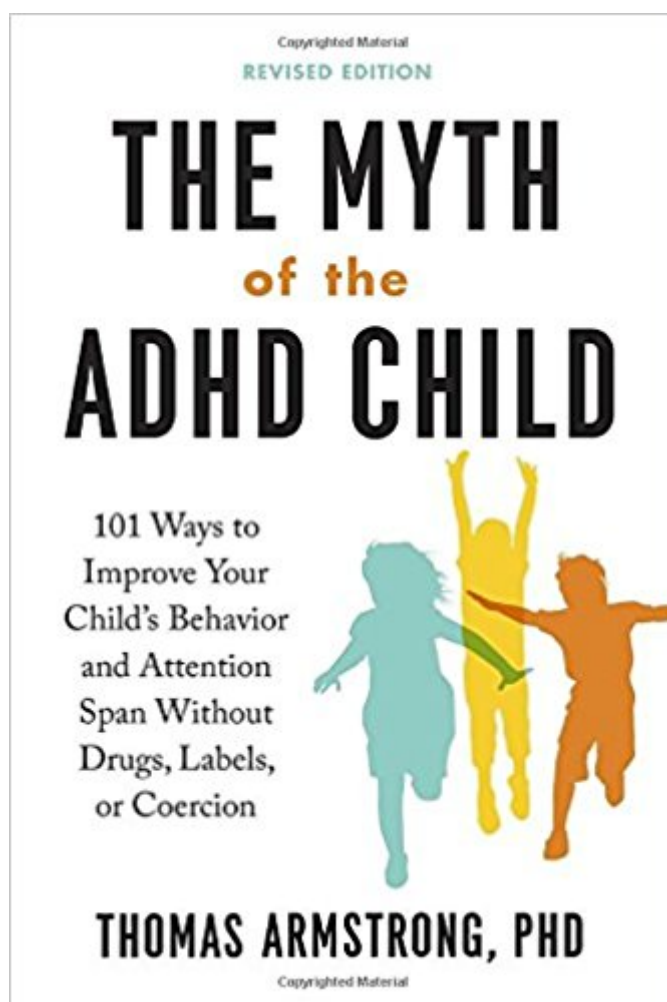


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# The Myth Of The ADHD Child, Revised Edition: 101 Ways To Improve Your Child's Behavior And Attention Span Without Drugs, Labels, Or Coercion





## Synopsis

A fully revised and updated edition of the groundbreaking book on tackling the root causes of children's attention and behavior problems rather than masking the symptoms with medication. More than twenty years after Dr. Thomas Armstrong's *Myth of the A.D.D. Child* first published, he presents much needed updates and insights in this substantially revised edition. When *The Myth of the A.D.D. Child* was first published in 1995, Dr. Thomas Armstrong made the controversial argument that many behaviors labeled as ADD or ADHD are simply a child's active response to complex social, emotional, and educational influences. In this fully revised and updated edition, Dr. Armstrong shows readers how to address the underlying causes of a child's attention and behavior problems in order to help their children implement positive changes in their lives. The rate of ADHD diagnosis has increased sharply, along with the prescription of medications to treat it. Now needed more than ever, this book includes fifty-one new non-drug strategies to help children overcome attention and behavior problems, as well as updates to the original fifty proven strategies.

## Book Information

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## Customer Reviews

"absolutely essential reading for parents, teachers, and others concerned with children who struggle. Armstrong provides a lucid and comprehensive response to the tragic overuse of medication for America's children. Bursting the myths of an established brain deficit, a single cause, and long-term effectiveness of drugs, Armstrong discusses parental options with compassion." - L. Alan Sroufe, Ph.D. Professor Emeritus of Child Psychology, Institute of Child



groups around the world. He has written for Family Circle, Ladies' Home Journal, and Parenting magazine, and is the author of sixteen books, including *Awakening Your Child's Natural Genius*.  
eBook Publish to Web Release On: Load TI Sheet Content Thomas Armstrong, Ph.D., is a psychologist, learning specialist, and consultant to educational groups around the world. He has written for Family Circle, Ladies' Home Journal, and Parenting magazine, and is the author of nine books, including *Awakening Your Child's Natural Genius*

Dr. Armstrong has a long history of brilliant insights into how minds and personalities operate. His conclusions in this book emphasize solid practical approaches vs clinical ones. He gives hope and reassurance that "ADHD" labels are just labels, not sentences to a medicated future.

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